

Clinician\_\_\_\_\_

Think of the problems or issues you wanted to resolve when you first came to counseling. Select a number below that best reflects how far you feel you have come in resolving those concerns.

\_\_\_\_0, No change or worse

\_\_\_\_1, Some Improvement

\_\_\_\_2, Moderate Improvement

\_\_\_\_3, Much Improvement

\_\_\_\_4, Mostly Resolved

\_\_\_\_5, Resolved

Please indicate how much you agree or disagree with each statement. On this scale, 1=strongly disagree and 5=strongly agree.

I felt supported, understood, and encouraged by the therapist 2 3 4 5 1 In our sessions we covered what was important to me 1 2 3 4 5 I had clear goals for what I wanted to accomplish in counseling 3 4 5 1 2 Counseling helped me to improve the quality of my life 1 2 3 4 5 I would come back to see this therapist again if the need arose and would recommend this therapist to others. 1 2 3 4 5 The front office staff was courteous and helpful

1 2 3 4 5

Please check the one statement that best matches your reason for ending counseling.

\_\_\_\_Resolved the problem(s) to my/our satisfaction

\_\_\_\_Felt much better and didn't see a need to keep coming

\_\_\_\_I was not comfortable with the goals or methods used in counseling

\_\_\_\_(Couples) We had incompatible goals for counseling

\_\_\_\_We could not afford to keep coming financially and-or our insurance coverage ended

\_\_\_\_Other commitments or pressures came up that made it difficult to focus on counseling

\_\_\_\_Did not feel counseling was really helping me/us

\_\_\_\_Other, please specify\_\_\_\_\_

Any additional comments you wish to make: